**Healthy Eating**

**What we put in the food bowl is the most important health decision we will make for our pets**

**Eating healthy is not easy, but the more we do it the better off we are. Feeding/eating as much non processed food as possible is the goal.**

1. **Crock Pot, Human/Table food**
	* **add enzymes and Probiotic**

![C:\Users\Laura\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\2U2QRTC5\Mexican-Quinoa-Bowl-Pick-Fresh-Foods[1].jpg]()

1. **Dehydrated Raw**

 **Freeze Dried Raw**

 **Frozen Raw**

1. **Raw Diet**
	* **Add enzymes and probiotic**

![C:\Users\Laura\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\3XCQ3LOL\1431230111_carne[1].jpg]()

1. **High quality Kibble-reduce amount 25-50%**
	* **add 25-50% Fresh raw/cooked ingredients (meat and vegetables)**
	* **also add some organ meats (heart,liver,kidney) now and then**

\*\*\*Multiple enzyme probiotic products

1. Flora4
2. Missing Link
3. Standard Process